## Why should I attend?

On average one out of six couples experience infertility, defined as one or two years of unsuccessful attempts of trying to conceive a baby. Due to this fact, fertility clinics popularity is increasing.

In a Western world classroom there is at least one student that was fathered with the help of assisted reproduction. Statistically, 40% of infertility cases are related to a female issue and surprisingly 40% are due to a male issue.

Interestingly our society (including Chinese Medicine treatments) focus quite exclusively on treating the female. While the focus on treating the male factor is very underrepresented.

Seminal quality has declined within the last 30 years by more than 60%, resulting in WHO having to correct and adapt the standard values for the semen analyses in 2010 and 2021 to make sure that one could get a nonpathological semen analyses result.

In addition to this, the male factor plays an important role in early pregnancy loss and should be treated, alongside the female, to prevent abortion.

Venue:	CHINA BOOKS Workshop space Level 2, 234 Swanston Street Melbourne 3000
Date:	25th - 26th October 2025*
Times:	9:30am - 5:30pm
CPD:	13 Points (Interactive)

\* Please Note: This is a two day seminar, with additional revised content. It will be an extention of the 2024 one day seminar.

### Prices

#### **\*EARLY BIRD SPECIAL**

Professional Assoc. Member Rate:	\$695
Student (Full time - undergraduate):	\$645

#### **REGULAR PRICE**

Professional Assoc. Member Rate:	\$795
Student (Full time - undergraduate):	\$745

\*Early Bird: Full payment is required 4 weeks prior \*Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

### Contact us to register:

CHINA BOOKS Level 2, 234 Swanston St, Melbourne VIC 3000 Phone: (03) 9663 8822 E-mail: info@chinabooks.com.au www.chinabooks.com.au



CHINA BOOKS

# Chinese Medicine for Male Fertility Issues (fighting "Spermageddon")

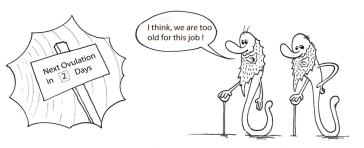
PRESENTED BY

# Olivia Pojer

**EXTENDED 2 DAY SEMINAR\*** SATURDAY 25th OCTOBER 2025 SUNDAY 26th OCTOBER 2025

\* This is a two day seminar, with additional revised content. It will be an extention of the 2024 one day seminar.





## Course outline:

In this seminar Olivia will dive deep into the treatment of male fertility, as well as initial observations of an infertile couple from the moment they enter the clinic.

To enable participants to treat male fertility patients effectively Olivia will give an introduction on andrology from a biomedicine perspective, talk about research-based causes of infertility, diagnostics and the limitation of the treatment with conventional medicine.

This biomedical knowledge is essential to understanding how sperm is produced and what elements can damage its development, in order to apply the best treatments.

Then the Chinese Medical part will be explored, participants will gain knowledge on pattern differentiation, diagnostics, acupuncture treatment and herbal prescription to support the sperm quality.

Participants will walk away from this seminar with an integrative toolbox to successfully treat male fertility in their clinic.

## What you will learn:

- A clear overview of male reproductive anatomy and physiology
- How sperm is produced and the role of hormones from both Western and Chinese Medicine perspectives
- The most common, research-backed causes of male infertility
- Basic pattern differentiation for male infertility and how to select effective acupuncture points Key guiding formulas to treat common patterns using Chinese herbal medicine
- Modern reproductive techniques: sperm selection, DNA integrity testing, and lab fertilisation
- How to regulate the Hypothalamus-Pituitary-Testis axis with Chinese herbs and formulas
- The role of supplements, regulating the testicular microbiome, and reducing oxidative stress (ROS)
- New insights on the impact of HPV on male fertility and what to do about it
- Understanding and treating azoospermia from
  both biomedical and TCM perspectives
- How to interpret semen analysis from a Chinese
   Medicine viewpoint
- Treating sperm pathologies according to Chinese
   Medicine principles
- Expand on your knowledge learning more in depth pattern differentiation, acupuncture points (including extraordinary vessels), herbs and formulas

## About Olivia:

Olivia Pojer is a Medical Doctor , chairwoman and course instructor of the OGKA (Austrian Acupuncture Society), academic at the Medical University of Graz and Co-organizer of the TAO Congress.

She holds a TCM diploma and an acupuncture diploma from the Austrian Medical Association, is trained in ear acupuncture, and participated in special "Master Tung Acupuncture" training with H. McCann.

She holds a diploma in Integrative Medicine in Assisted Reproduction (ART) from the German Association for Reproductive Medicine as well as a Diploma for Advanced Training in TCM from the Universities of Nanjing and Wuhan (China). Olivia is a fellow member of the American Board of Oriental Reproductive Medicine (ABORM) and author of "Integrative treatment of male infertility with Chinese Medicine" (2022) and "Secrets from the Jade Chamber - treating erectile dysfunction and loss of libido with Chinese medicine" (2017). She is co-owner of the center Femme&Fertile near Graz where she specialises in treating male infertility.

She is an international speaker on male infertility topics.

Currently is is doing a Masters degree on clinical embryology at the University of Graz.

